

# Medication safety and technology

## - A view from the UK -

Professor Bryony Dean Franklin  
[bryony.deanfranklin@imperial.nhs.uk](mailto:bryony.deanfranklin@imperial.nhs.uk)  
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Imperial College  
Healthcare NHS Trust

- 3 main hospitals + 2 smaller hospitals
- 1,200 beds
- 70 pharmacists
- 70 pharmacy technicians
- 70 assistants / other staff
- Medicine information
- Parenteral nutrition
- Preparation chemotherapy
- Prescribing is paper-based
- Original pack dispensing (not unit dose)

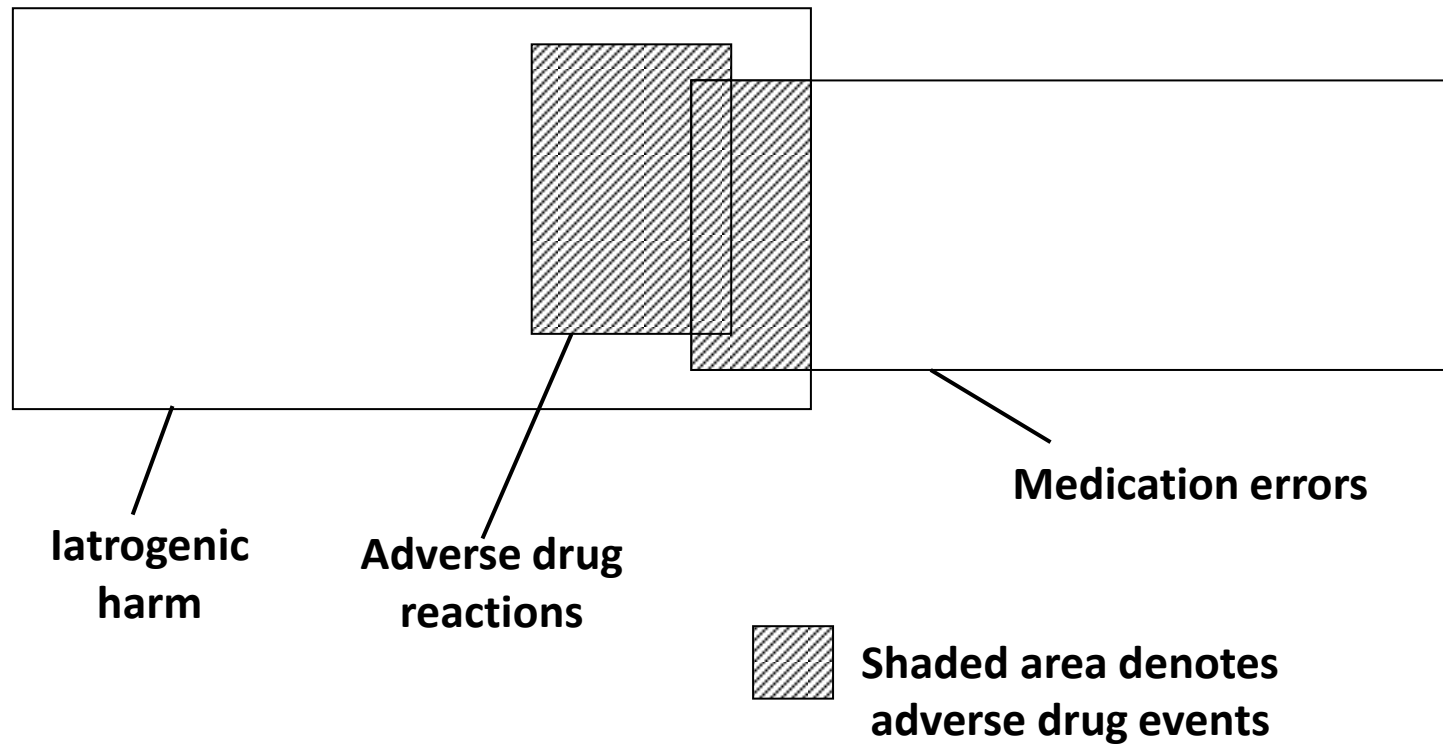






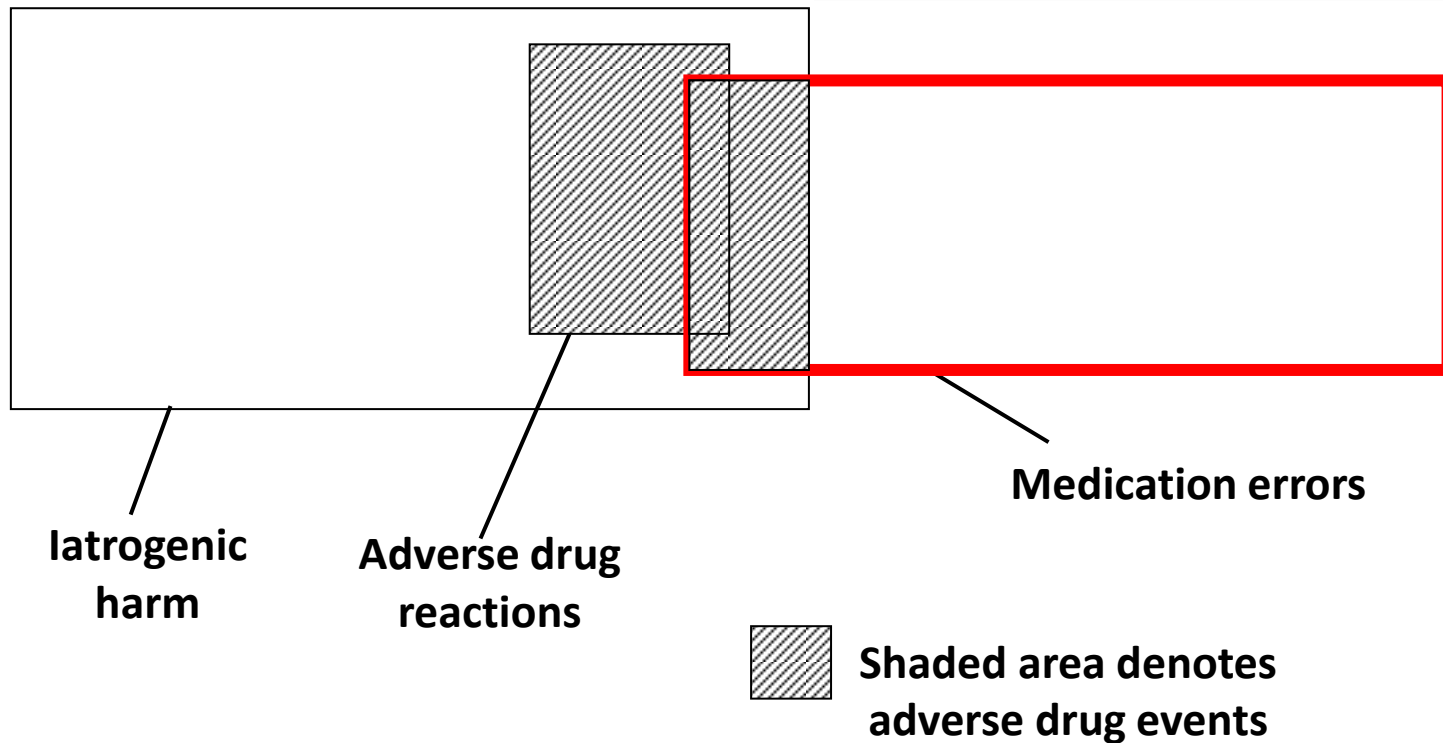


# Key terms



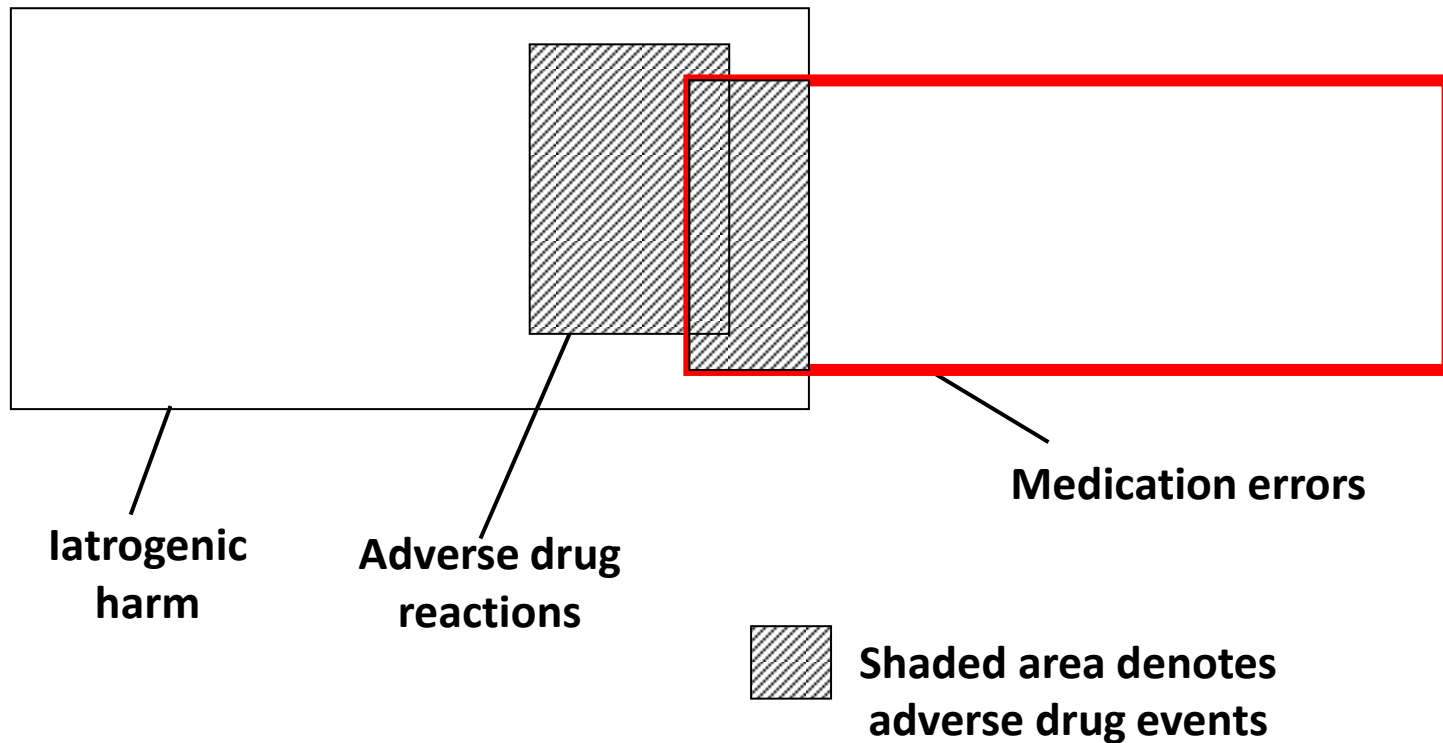
# Key terms

“ any preventable event that may cause or lead to inappropriate medication use or patient harm while the medication is in the control of health professional, patient or consumer.”



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# Medication errors in UK hospitals

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Prescribe  
medication

Dispense  
or supply  
medication

Administer  
medication

Monitor  
effects

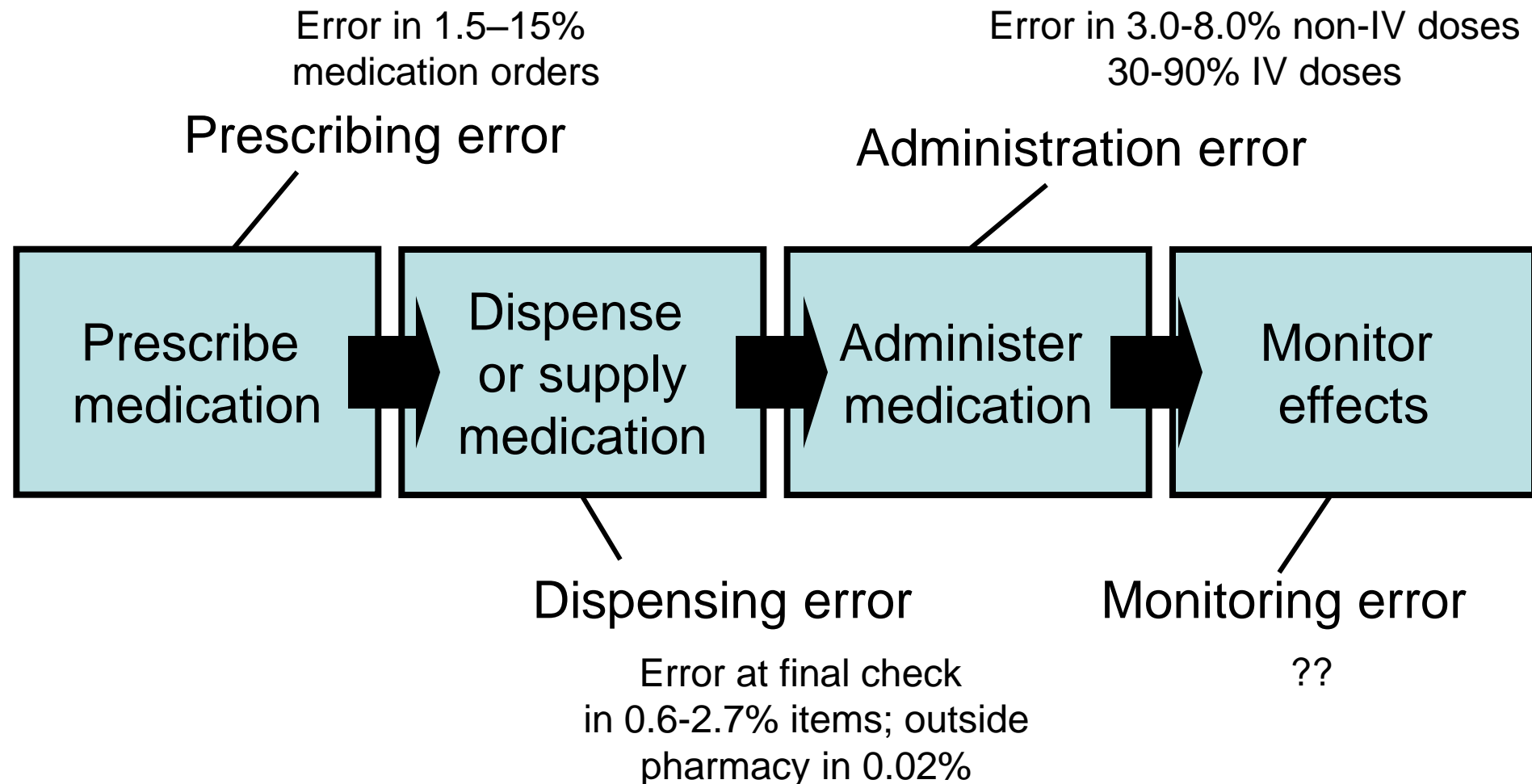


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graph LR; A[Prescribe medication] --> B[Dispense or supply medication]; B --> C[Administer medication]; C --> D[Monitor effects]
```

The diagram illustrates the medication process in UK hospitals as a four-step flowchart. It consists of four light blue rectangular boxes with black borders, arranged horizontally. Each box contains a step in the process, and they are connected by thick black arrows pointing from left to right. The steps are: 'Prescribe medication', 'Dispense or supply medication', 'Administer medication', and 'Monitor effects'.

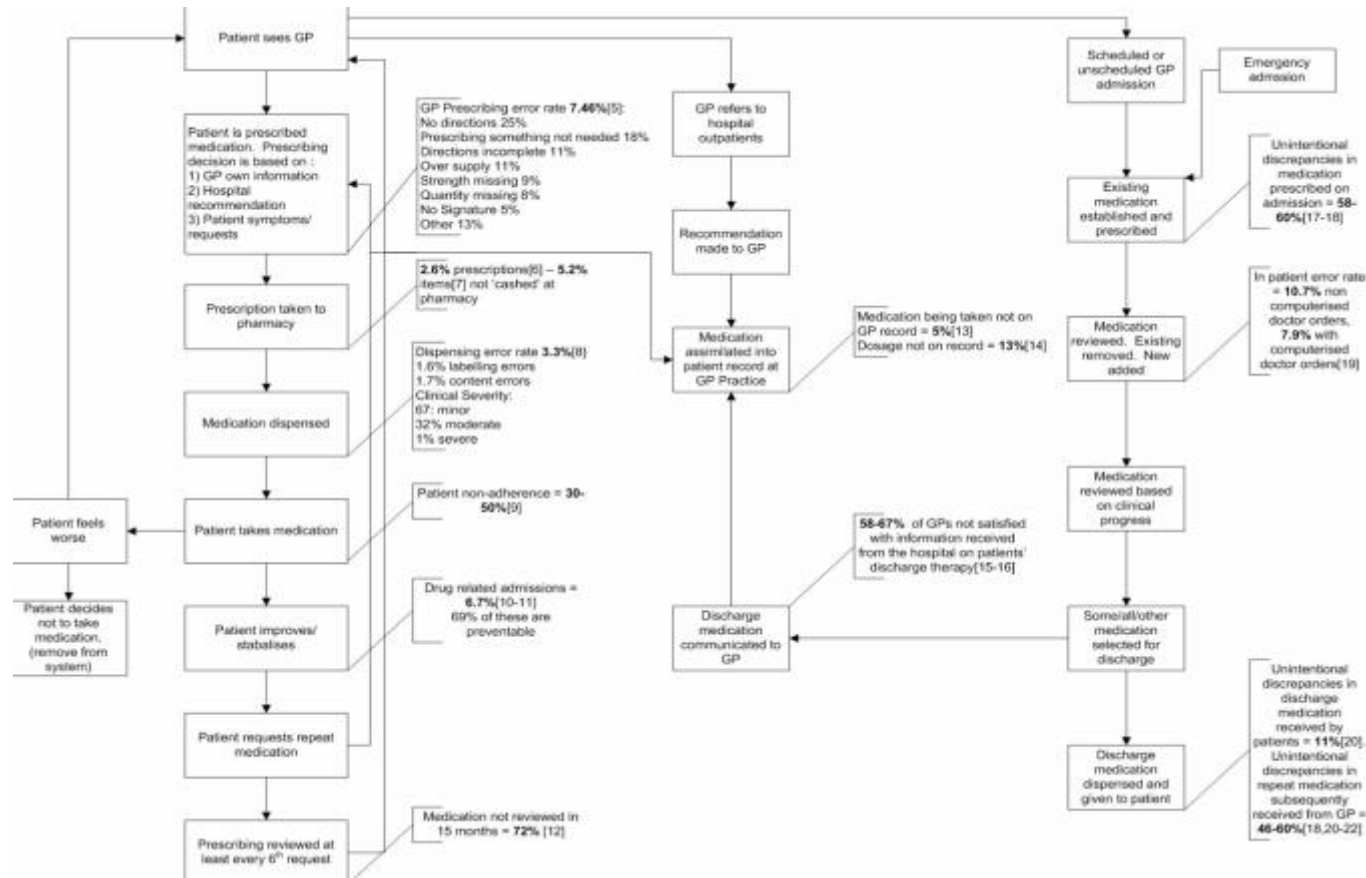


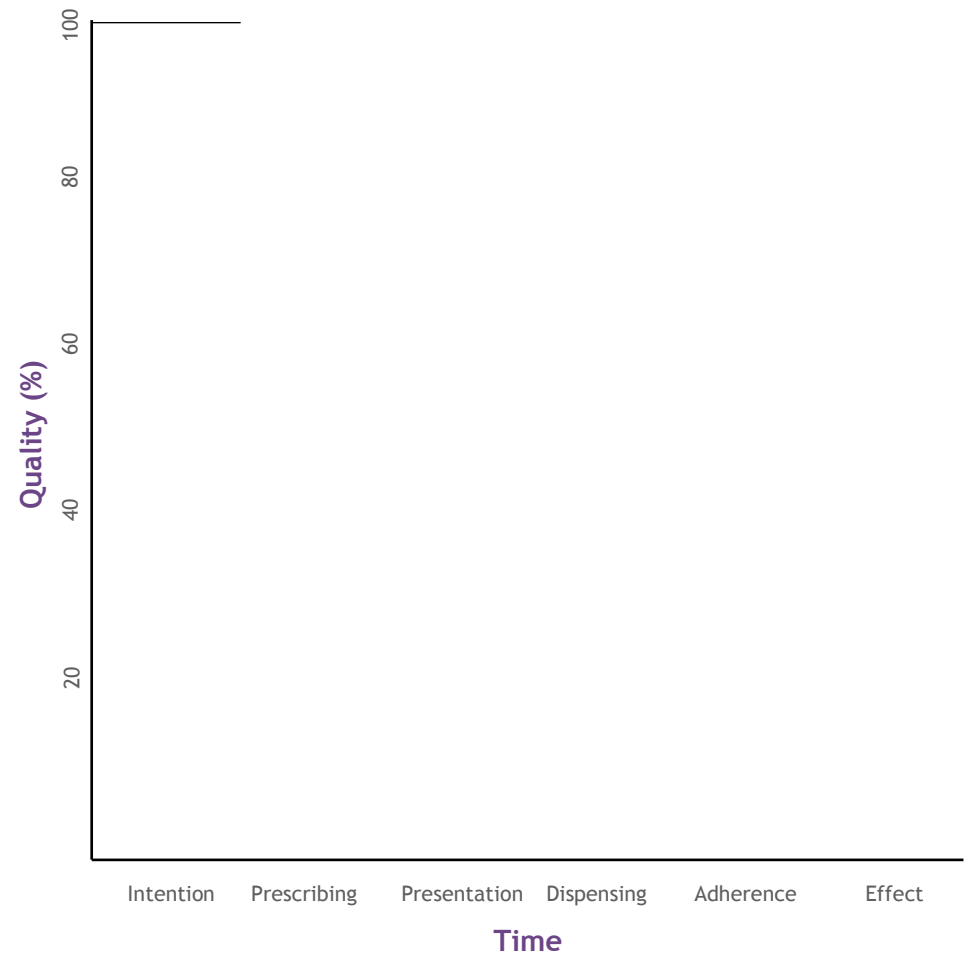
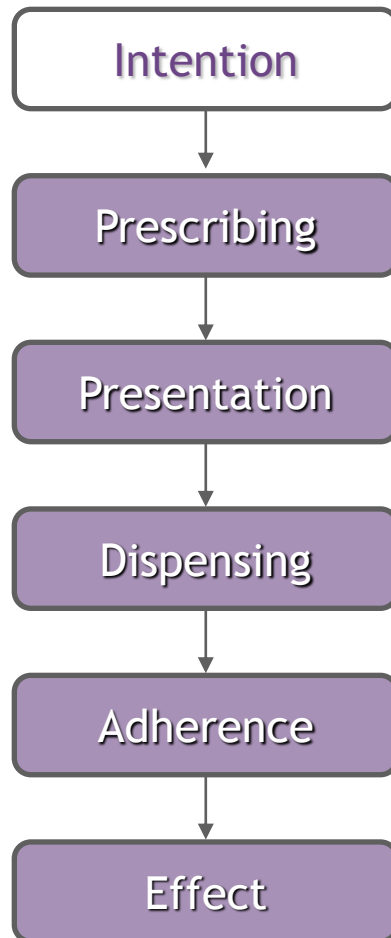
# Medication errors in UK hospitals



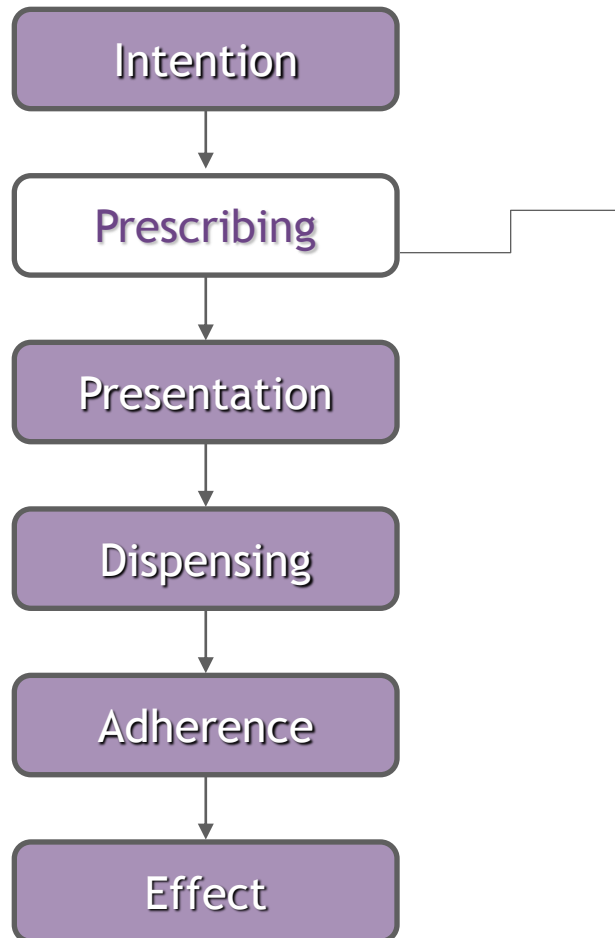
# What about primary care?

Garfield et al 2009 BMC Medicine



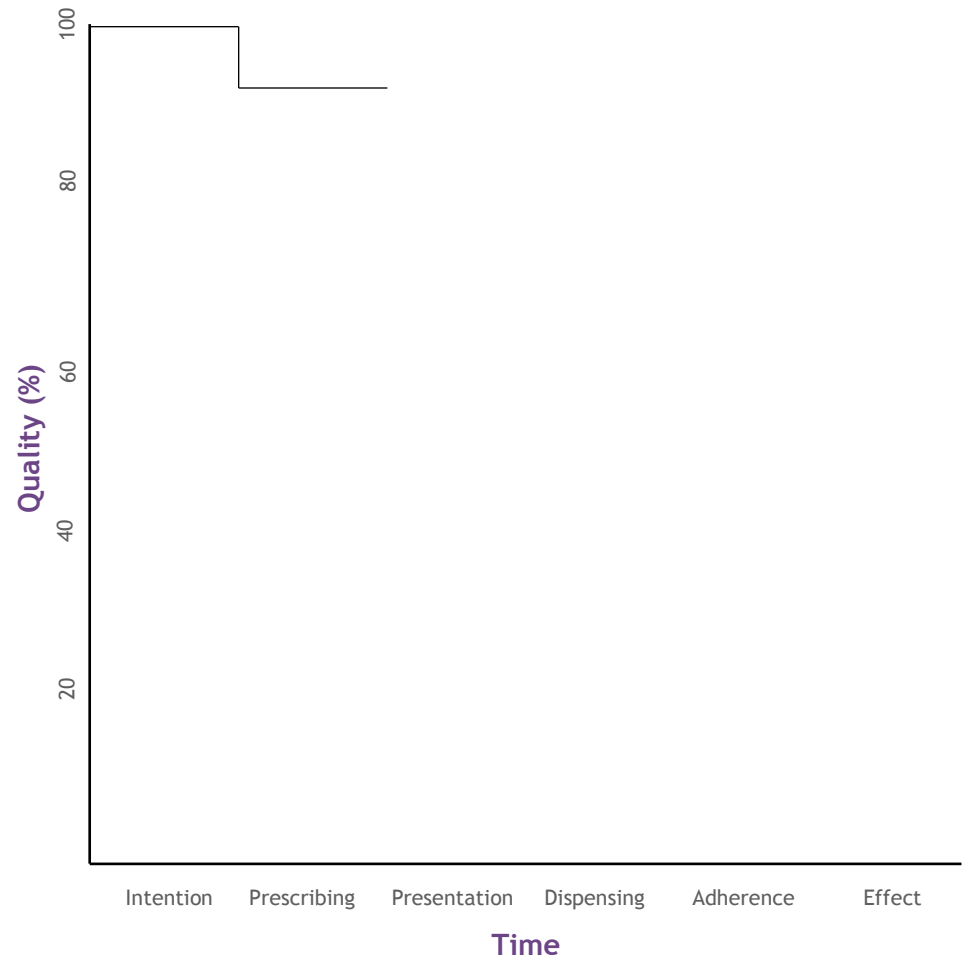
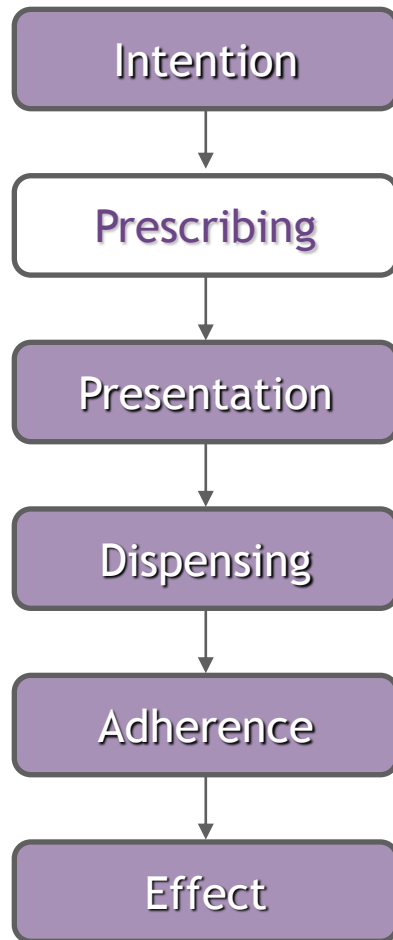


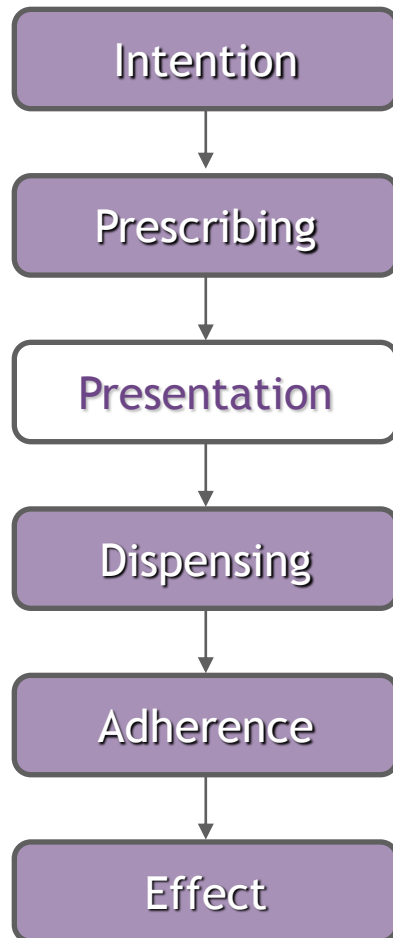




Error rate **7.46%** items  
(*Shah et al 2001*):

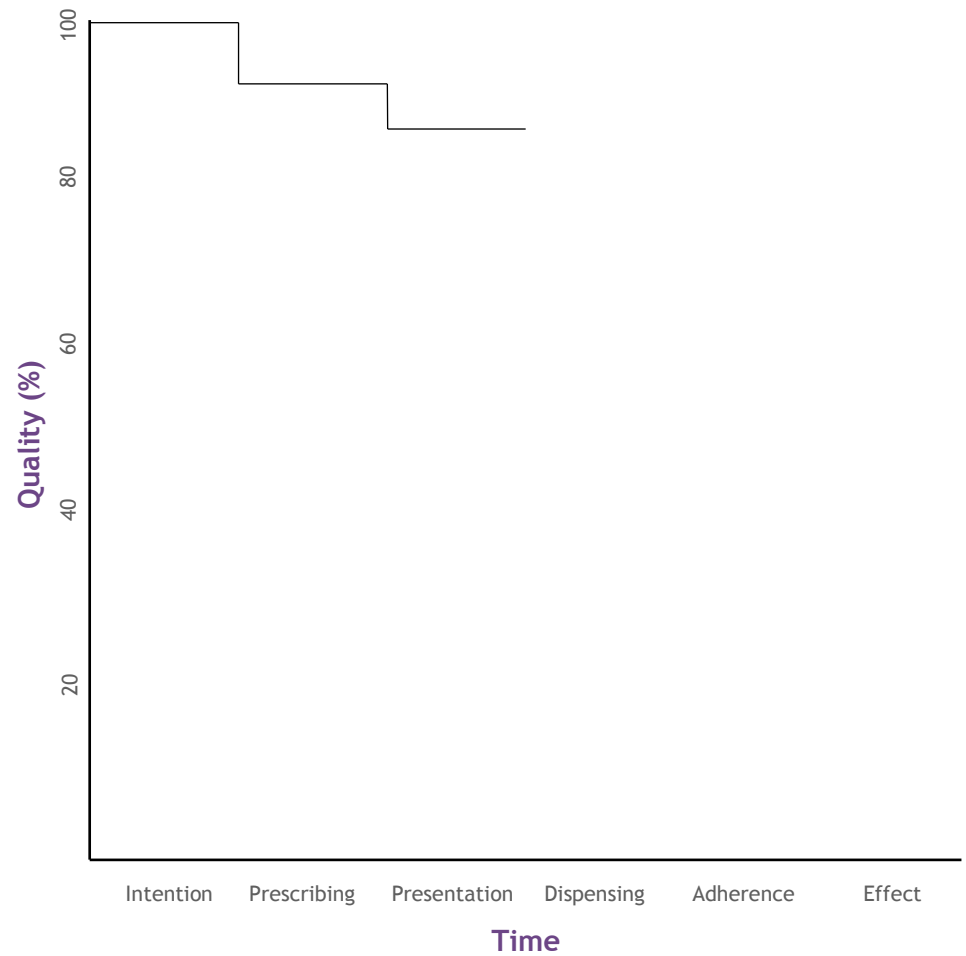
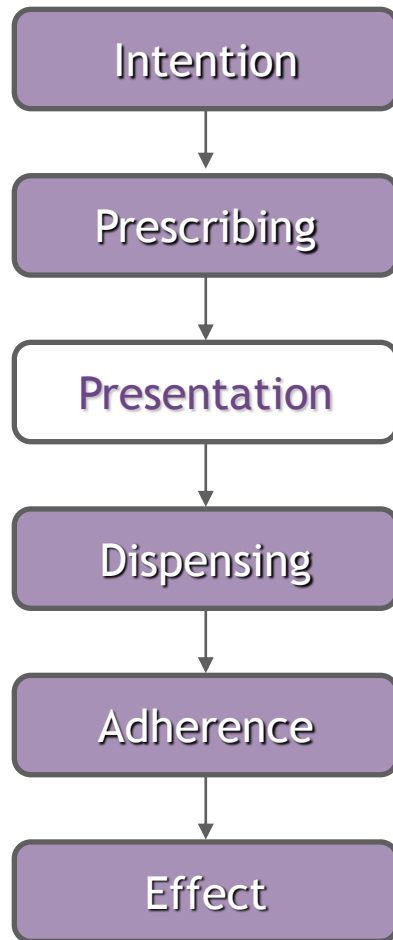
- No directions 25%
- Prescribing something not needed 18%
- Directions incomplete 11%
  - Over supply 11%
- Strength missing 9%
- Quantity missing 8%
- No Signature 5%
- Other 13%

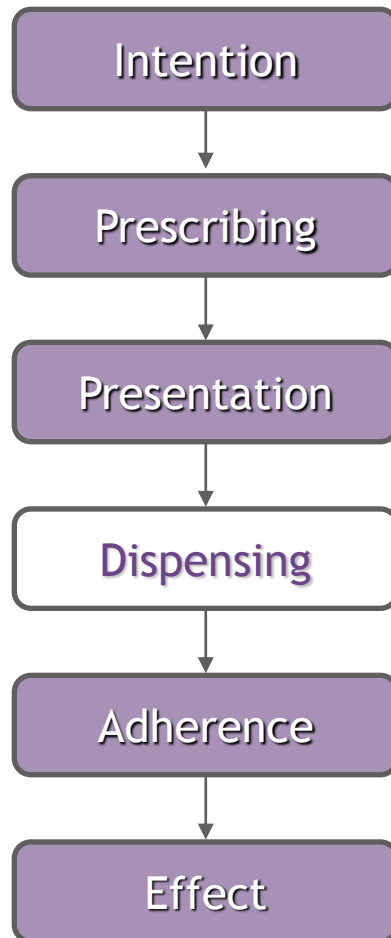




**Error rate 2.9% prescriptions**  
*(Jones & Britten 1998)*  
**Error Rate 5.2% items**  
*(Beardon et al 1993)*





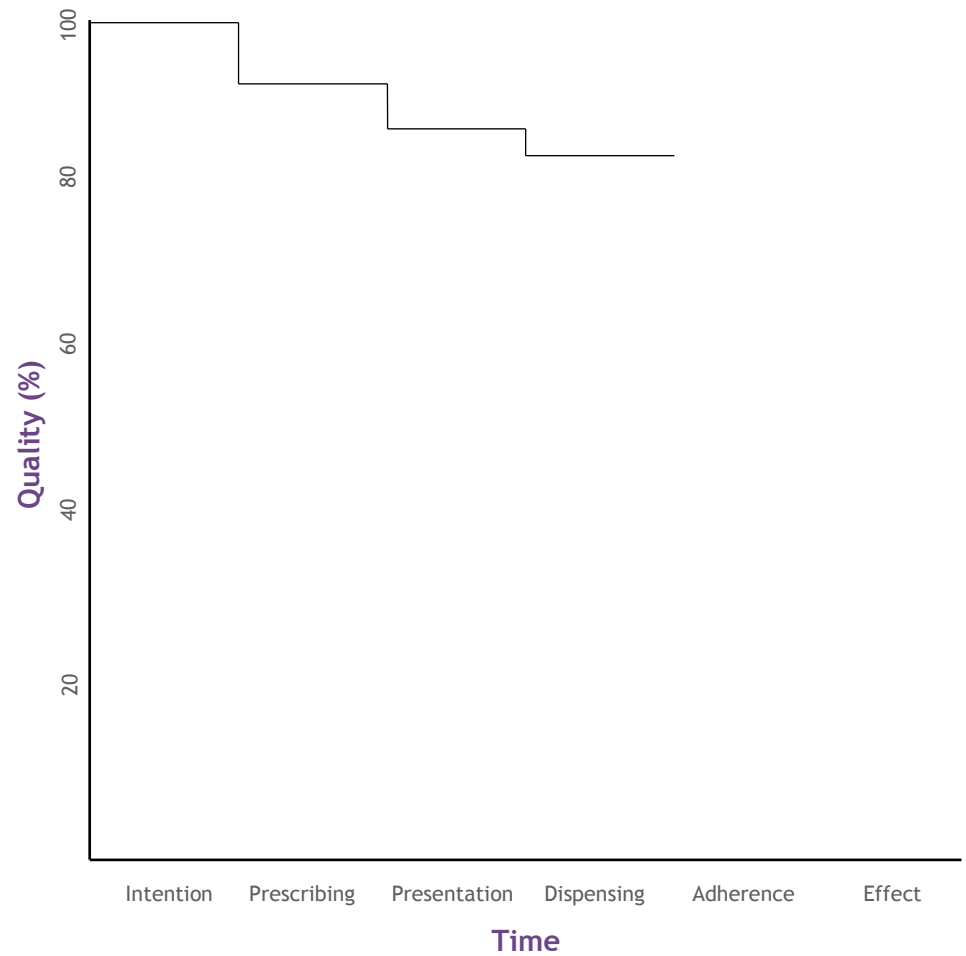
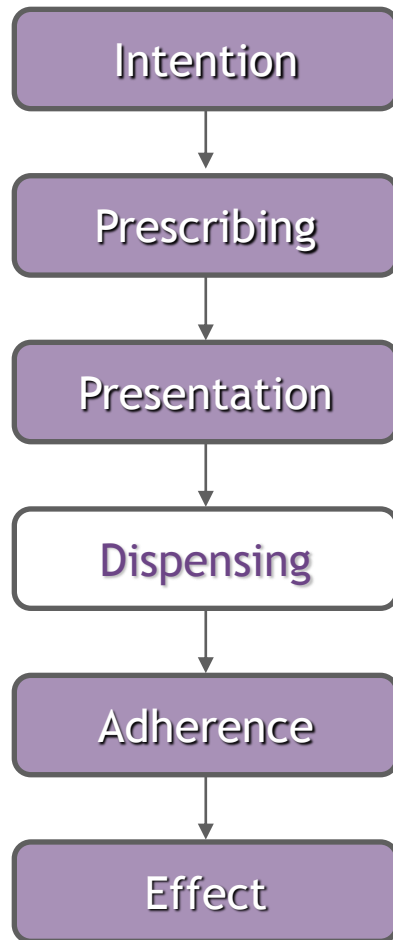


Error rate **3.3%** items  
(*Franklin et al 2007*):

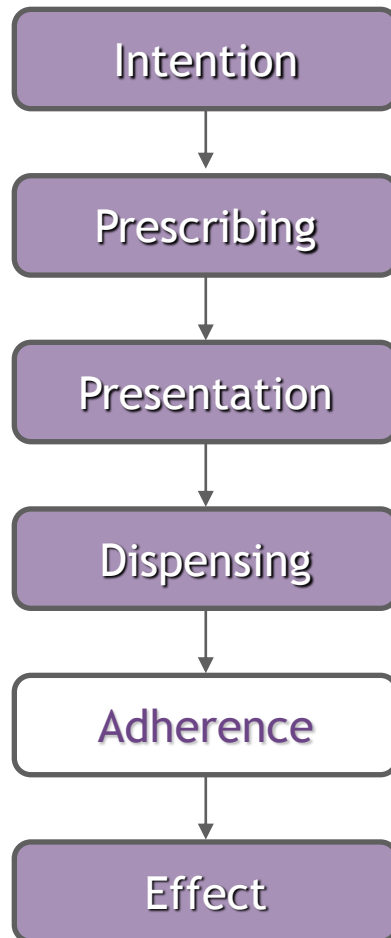
- 1.6% labelling
- 1.7% content

Clinical Severity:

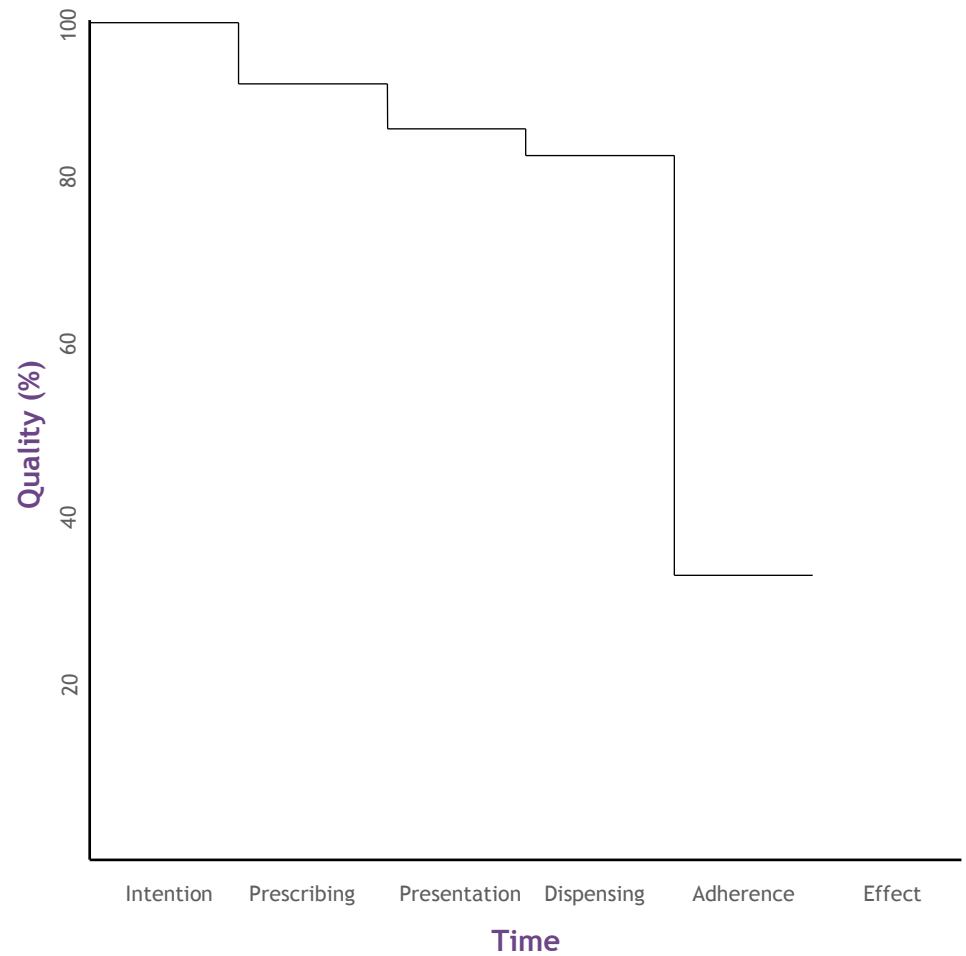
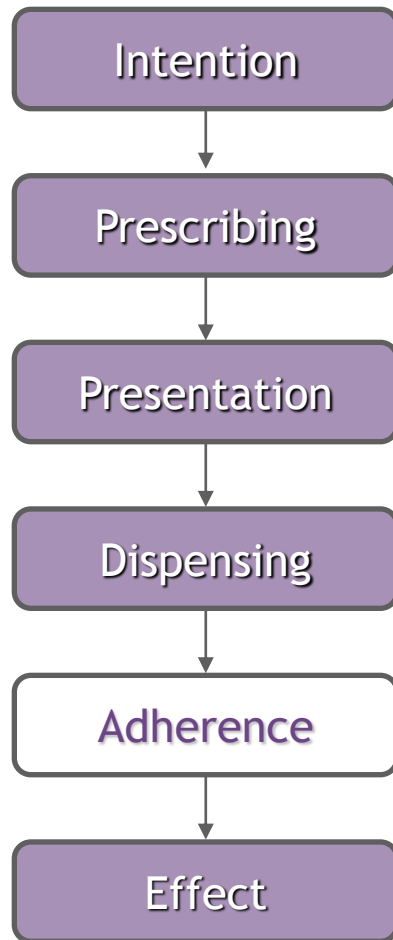
- 67%: minor
- 32% moderate
- 1% severe

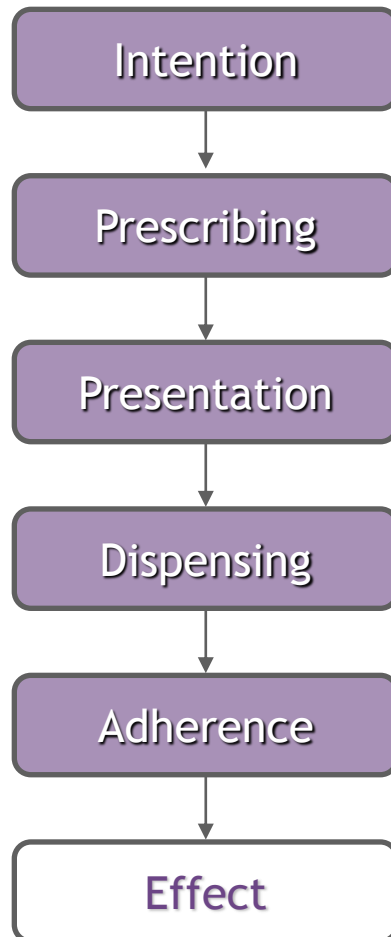






Error Rate **30-50%** patients  
(*Cochrane 2008, Nice 2009*)



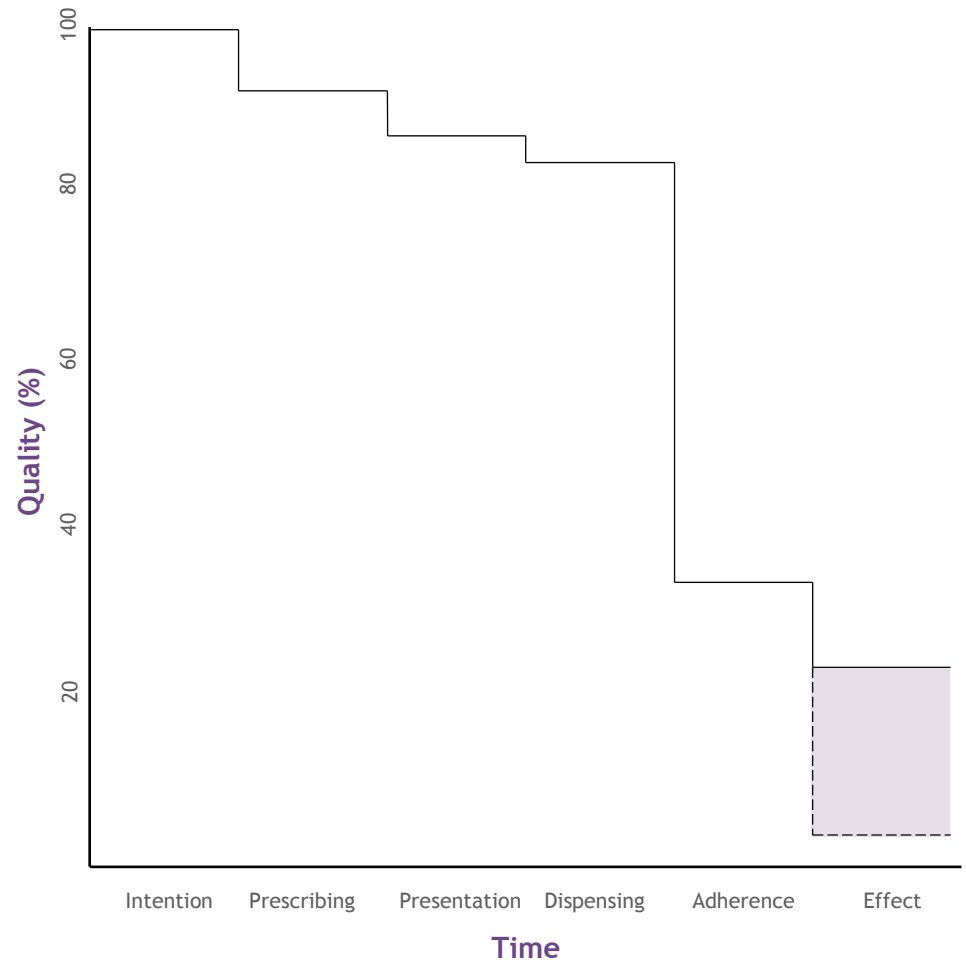
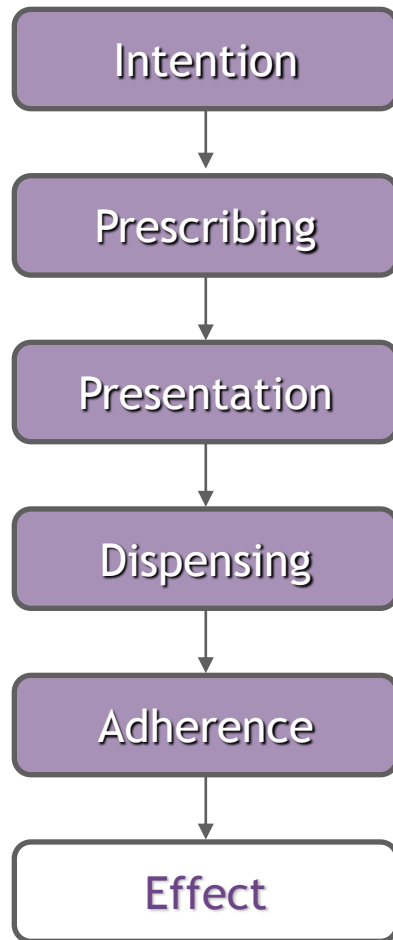


Medication ineffective = **50%-90%**  
(NNT medication 2-10)

Drug related admissions = **6.5%-  
7.5%** admissions

(*Pirohamed 2004, Howard 2003,  
Green 2000*)

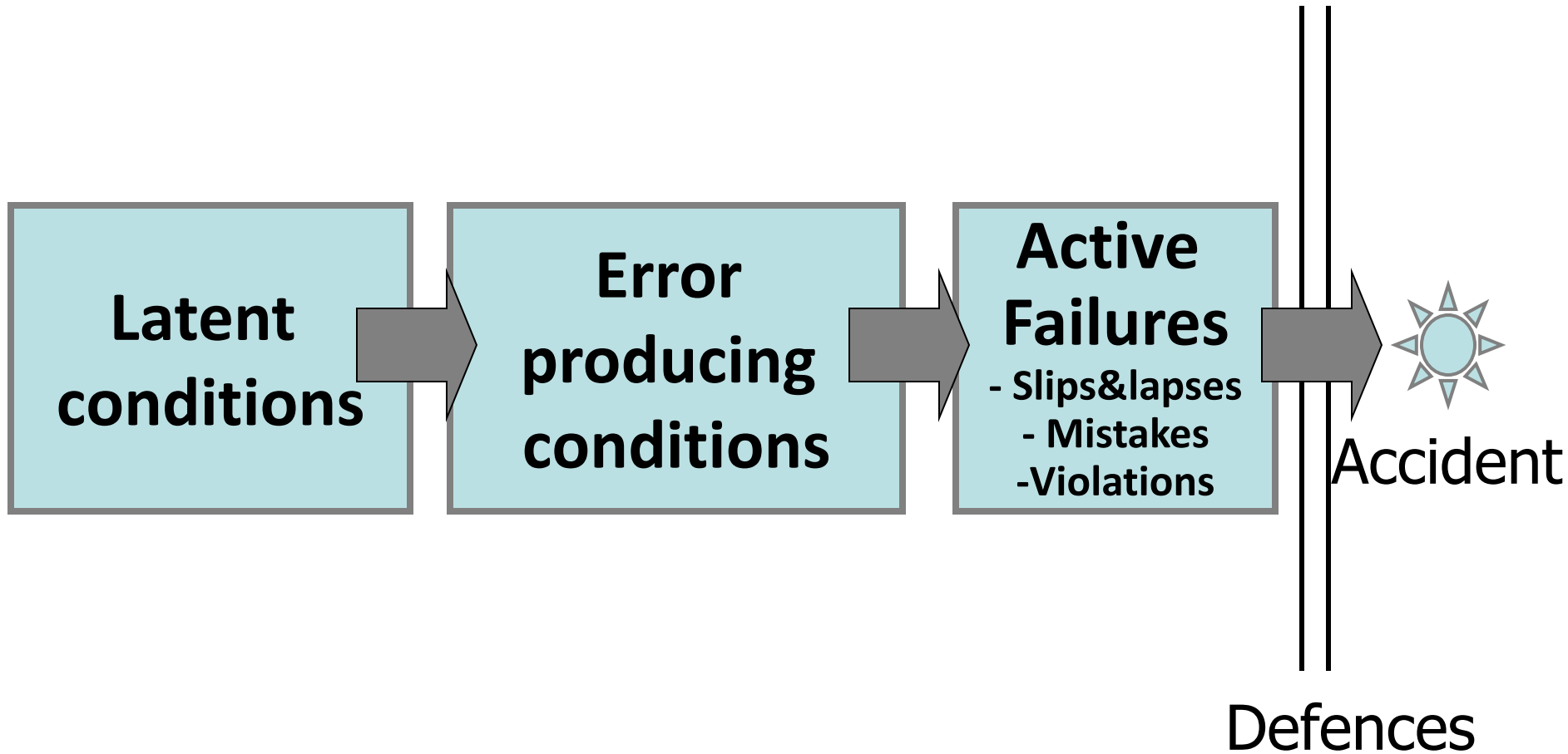
•69% of these are preventable



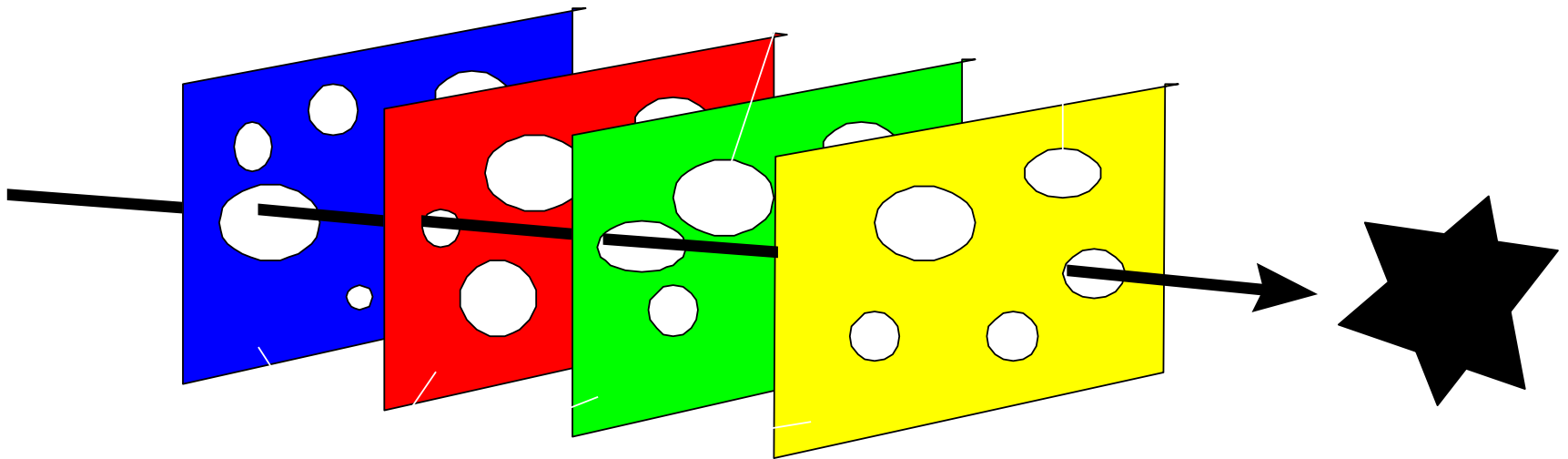
With thanks to Nick Barber

# Why do errors occur?

## Reason's Accident Causation Model



# The Swiss Cheese model



Defences

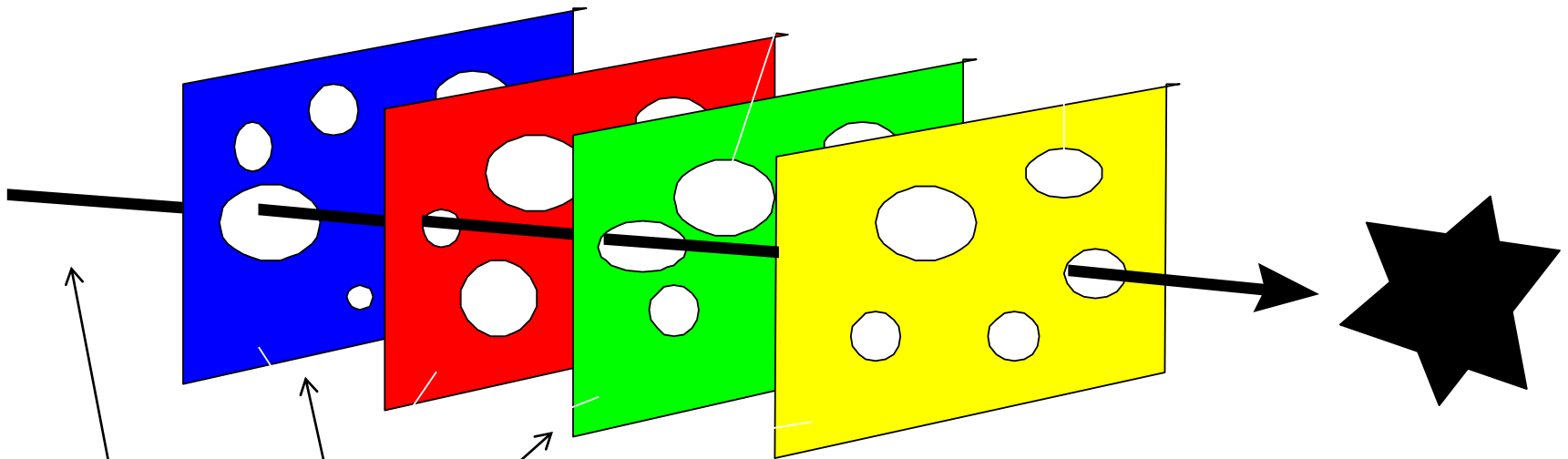


# Prescribing in hospitals

- In the UK, most prescribing is done by the most junior doctors
- Specialist prescribers often have to prescribe drugs outside of their specialty
- Results in a prescribing error in 1-15% prescriptions



# How to prevent these?

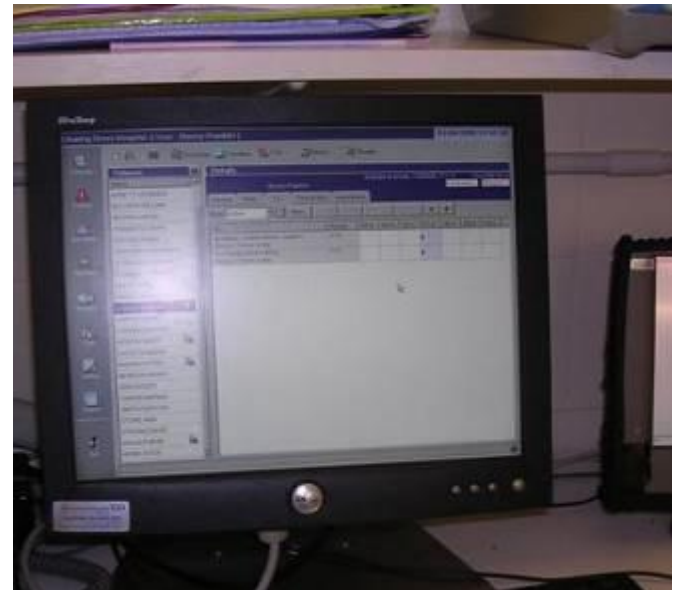


(ii) Identify errors and rectify them?

(i) Prevent prescribers from making errors?

# (i) Reducing prescribing errors

- Educational interventions?
  - Some evidence for benefits, but not dramatic
- Feedback on errors?
  - Some evidence for benefits
- Electronic prescribing?

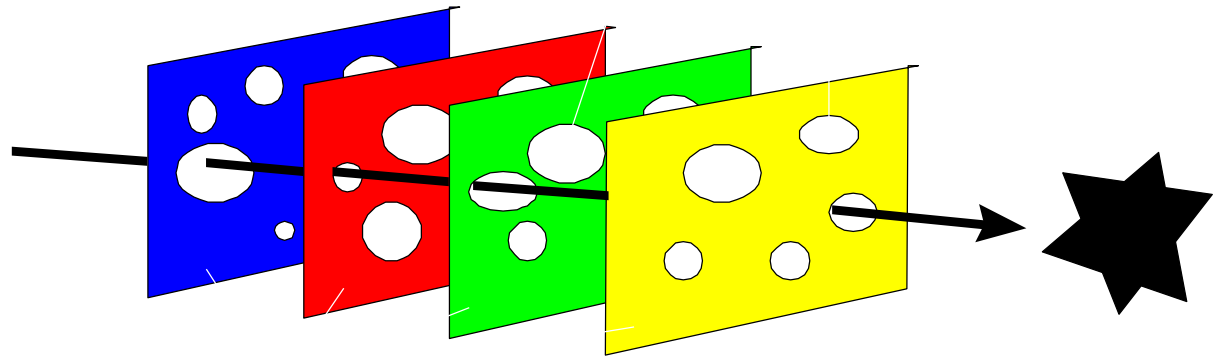


## (ii) Identifying and rectifying errors



# Identifying and rectifying errors

- Appropriate use of checks and alerts (where using electronic systems)
- Clinical pharmacy services
- Nursing staff
- The patient?



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# Technology

Is technology the answer?



Patient's Name:

PAUL DOLAN

Hospital Number:

## Regular Prescriptions

Medicine (approved name)

PARACETEMOL

Dose

1gm

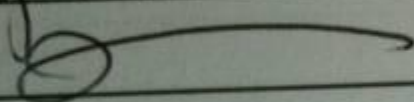
Route

PO

Frequency

qds

Signature



Start

23/3

Stop

Pharmacy

Additional Instructions

Patient Medicine on admission

New

Medicine (approved name)

METRONIDAZOLE

Dose

500mg

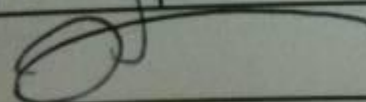
Route

PO

Frequency

tds

Signature



Start

23/3

Stop

Pharmacy

Additional Instructions

ssion

New

(me)

E45 CREAM

Route

TPO

Frequency

od

Time

Date



23 24 25 26 27

4

OK OK OK

8

OK OK OK

12

OK OK OK

16

OK OK OK

Additional Instructions

20

X X OK

24

X OK OK

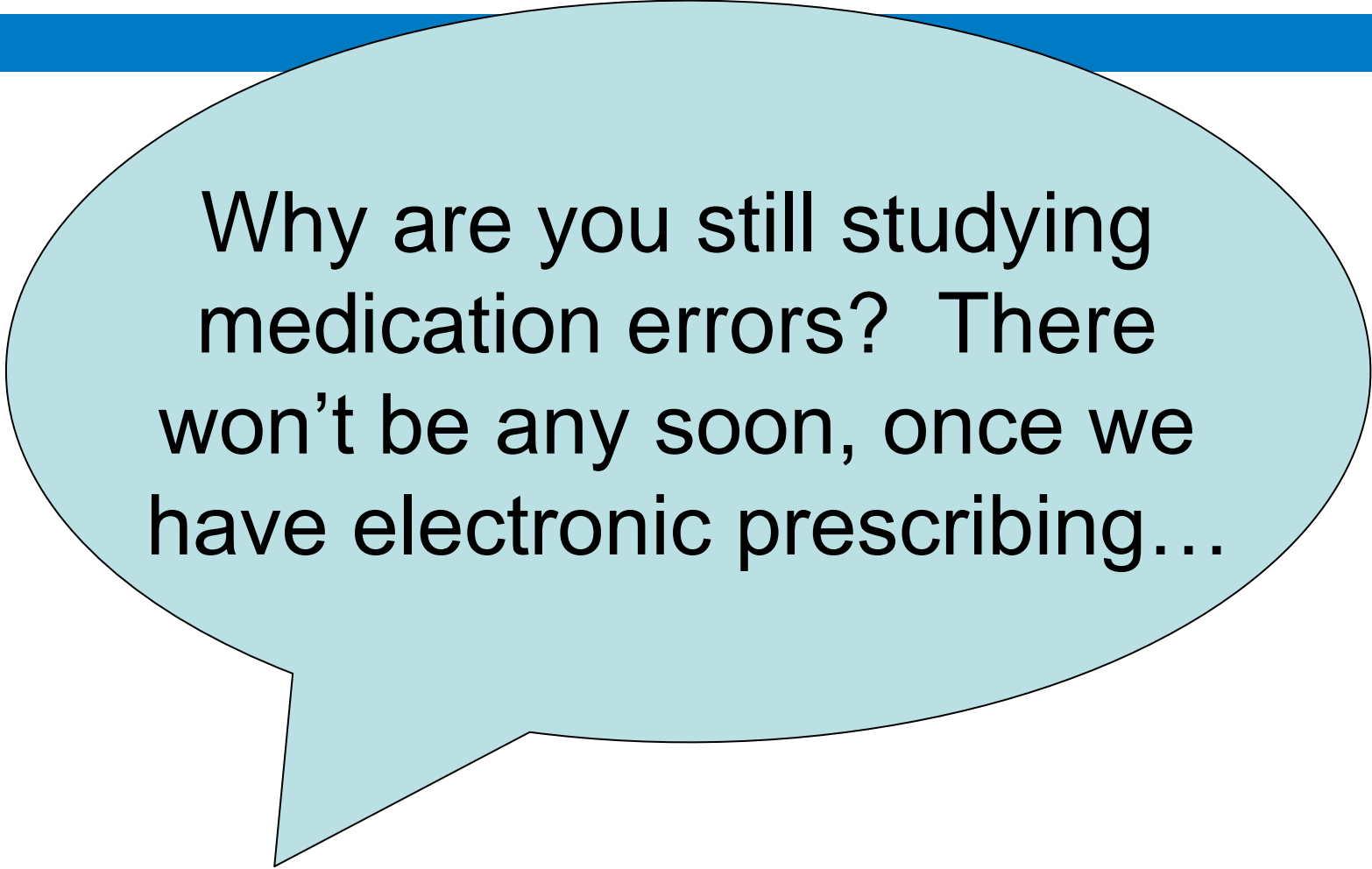
28

X OK OK

Additional Instructions

32

OK OK OK



Why are you still studying medication errors? There won't be any soon, once we have electronic prescribing...

# The technologies available

- Electronic prescribing (+/- electronic medication administration records in hospital and care home)
  - with various levels of decision support
- Automated dispensing
  - Pharmacy based (“robots”)
  - Ward based (“vending machines”)
  - Aseptic compounding robots
  - Automated CD storage
- Barcode verification of medication and/or patients
- “Smart” IV pumps

# Electronic prescribing

- EP is commonplace in UK primary care
  - Vast majority of prescribing is electronic
- Most prescribing for hospital inpatients is paper-based, although electronic prescribing becoming more widespread
  - Small number hospitals used electronic prescribing for more than 10 years

# Hospital electronic prescribing (EP)

- 101 (61%) of 165 hospital trusts responded in survey of English hospitals
  - 70 (70%) had at least one EP system in place
  - 56% of sites with EP had more than one system in place. Four sites had more than 4 systems.
  - 63 **different** systems
- Electronic discharge prescriptions now common - but often mainly a word processor, no decision support
- Inpatient EP will become more common once electronic health records become established

Ahmed, Franklin and Barber, 2012

# Automation of dispensing in hospitals

- Automated dispensing systems
  - Pharmacy based (“robots”)
  - Aseptic compounding robots
  - Ward based (“vending machines”)
    - 6 of 91 respondents
  - Automated CD storage
    - 2 of 91 respondents



# Dispensing robot



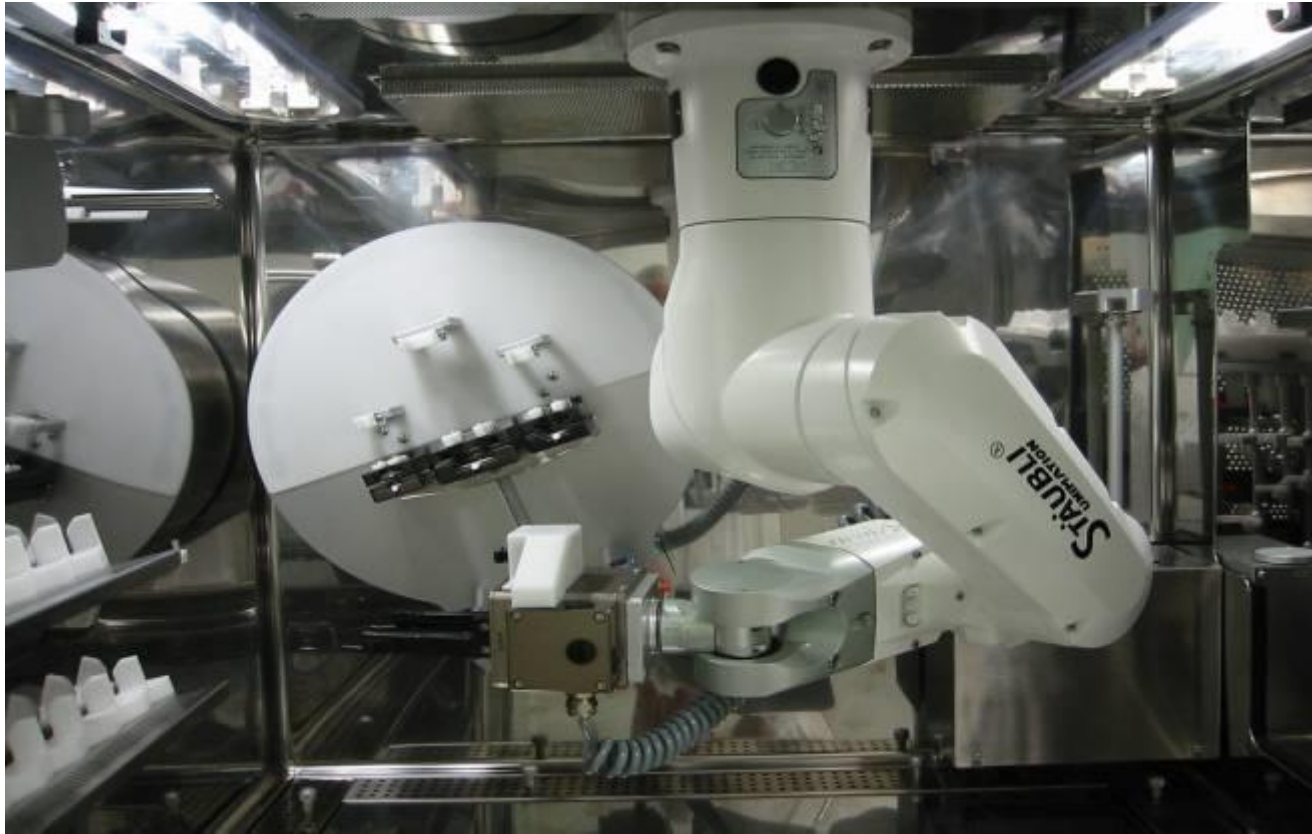
Recognises products on loading, using  
barcode and dimensions of pack

# Ward-based automated storage



Verifies product on loading, using barcode

# Aseptic compounding robot



Verifies bags using barcode  
Verifies vials using photo recognition

# Automated CD storage



# Smart pumps

- Drug “libraries” to permit checking of doses and infusion rates
- Require standardisation of infusion concentrations etc
- Potentially safer infusion of intravenous medication.
- However, bypassing of the safety software is common



# What is technology good at?

- Repetitive tasks, same every time
- Follows the rules
- Forcing functions
  - Can't proceed until you've completed all the fields
- More legible than handwriting
- Reminders
- Supporting formularies, protocols, standardisation of treatment
- Audit trail



# But...

- Can be inflexible
- New error types
  - Selection errors from menus
  - Menus often present very long lists of options which prescribers not familiar with
  - Assumptions - “the computer must be right”
- New work processes may be required, which can themselves increase or decrease errors
  - Checking of patient identity can be enforced
  - Development of workarounds

# Selection errors

- Selection of penicillamine, instead of penicillin
- Menu arranged alphabetically in hospital system
  - Paracetamol soluble tablets
  - Paracetamol suspension
  - Paracetamol tablets
- Many patients prescribed paracetamol soluble tablets
  - At risk of hypernatraemia

# Selection errors

- Selection of penicillamine, instead of penicillin
- Menu arranged alphabetically in hospital system
  - Paracetamol suspension
  - Paracetamol tablets
  - Paracetamol tablets soluble

# Assumptions

- Human-computer interaction causes most deaths of all IT induced fatalities
  - Eg a UK hospital: ~1000 cancer patients underdosed with radiotherapy over 9 years. Decision support software incorporated in machine, staff did not know and applied a second, manual dose reduction calculation
    - McKenzie 'Knowing machines' 1996
  - Common assumption that EP systems include allergy checking, when it sometimes doesn't...

# Workarounds



# Workarounds



- Increased patient identification from 17% of doses with manual system, to 81% with barcode system
- Why only 81%?
- Staff sometimes found the wristband hard to scan, and so stuck the barcode to the patient's table...

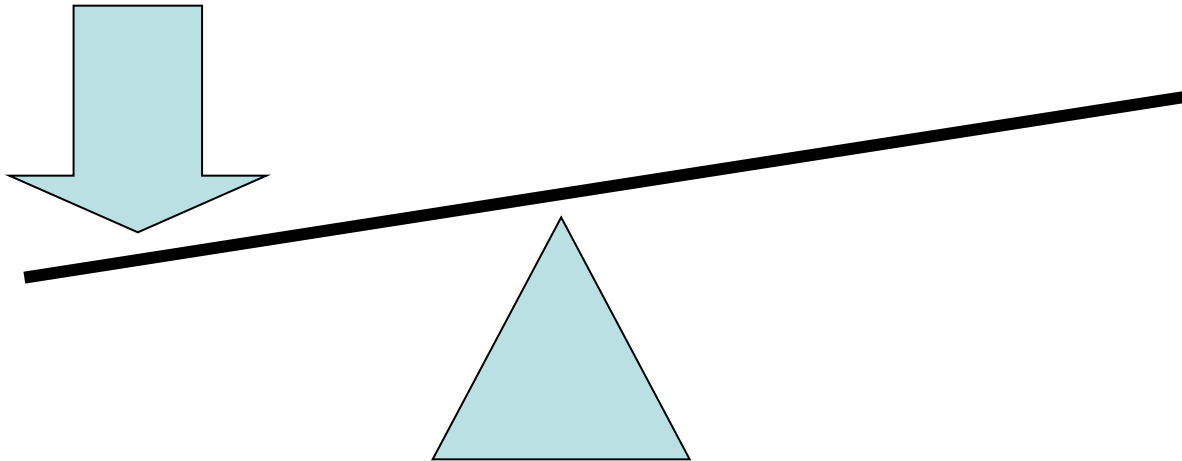
Franklin et al, 2008

# Violations



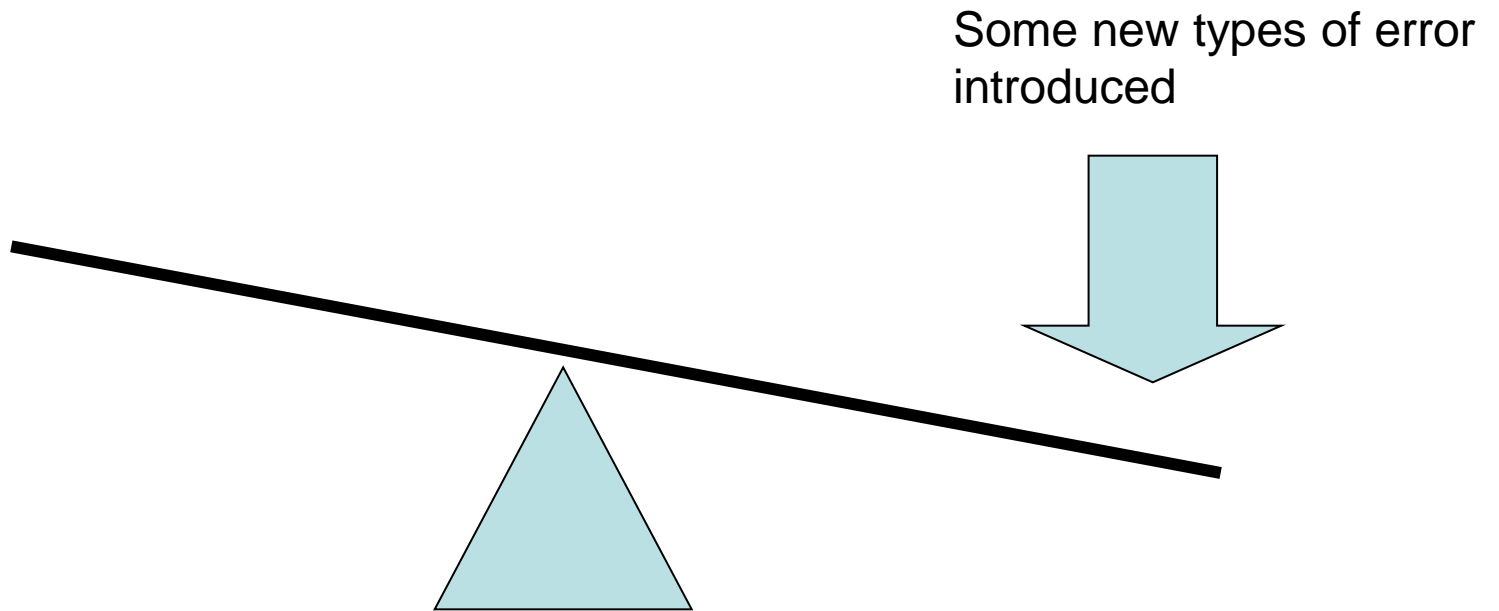
# The result?

Some types of error  
reduced





# The result?



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**Local evaluation therefore essential**

# What to measure?

Some measures that are easy to do:

- Omitted doses for hospital inpatients
  - Find the number and the causes...
- Prescribing errors
  - Pharmacists recording errors identified...
- Adherence to prescribing protocols eg prophylaxis of thromboembolism
- Do not assume that benefits in other health systems / other countries will extrapolate to your own context

# When do we measure the effectiveness of the system?



With thanks to Nick Barber

# UK evaluations

- Electronic prescribing
  - Most (but not all) evaluations show a modest reduction in prescribing error
- Closed loop ward based automated dispensing system with barcode verification
  - More dramatic reduction in administration errors
- Dispensing robots
  - Reduction in “wrong content errors”

# How to maximise the benefits?

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Professionals  
need to engage  
early with  
change

Good  
relationship with  
suppliers

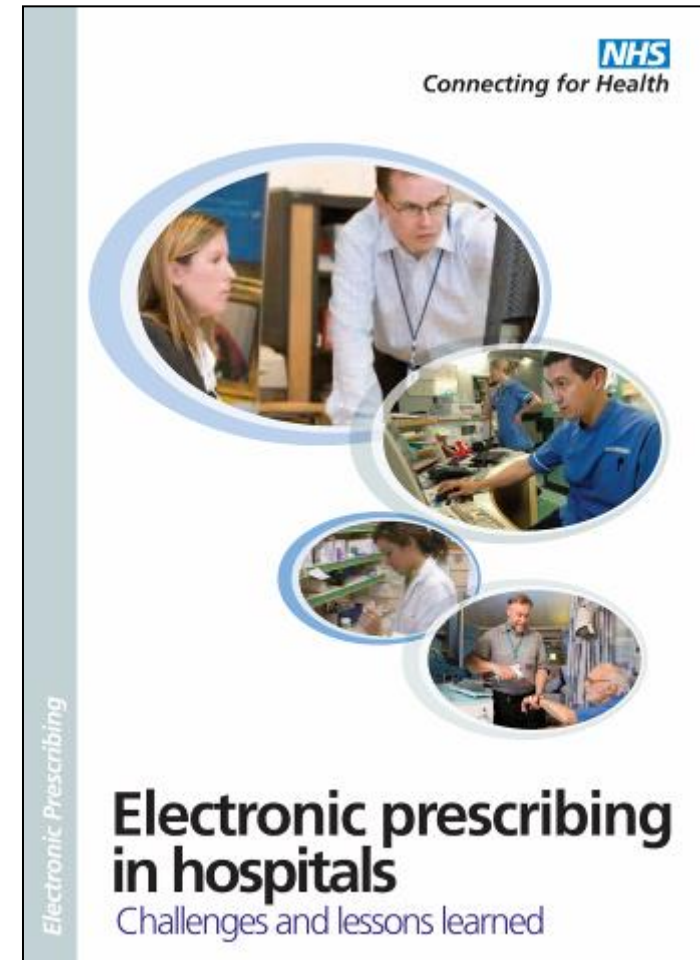
Software  
adaptable  
locally

Individuals need  
to see the  
benefits for  
themselves

Local evaluation  
essential

# Conclusions

- Not easy – otherwise would have been solved by now
  - Not just “plug and play”
  - Unintended consequences
  - Do not assume that solutions from elsewhere will translate into local practice. Evaluation essential
- A useful tool, when used with care



# IT – approach with care



With thanks to Eric Poon

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